

## **Telomerase enzyme and glutathione peroxidase 1 gene as a risk factor in diabetes mellitus type 1 patients in Babylon province**

**Duaa M. Hadi<sup>1</sup>, Maha F. Smaism<sup>2\*</sup>, Ali H. Albayati<sup>3</sup>**

<sup>1</sup>Student in Clinical biochemistry Dept., College of Medicine, University of Babylon, Iraq

<sup>2\*</sup>Clinical biochemistry Dept., College of Medicine, University of Babylon, Iraq

<sup>3</sup>College of Medicine, Babylon University, Iraq. (consultant MD/FACE).

**Abstract :** Type 1 diabetes mellitus is a chronic autoimmune condition. Telomerase is an enzyme that maintains telomere length in nuclear DNA. The aim of the study is to investigate the relationship between telomerase and glutathione peroxidase 1 (GPX1) concentration and GPX1 pro 198 Leu gene in diabetes mellitus type 1. This study included (108) persons, their ages between (28-42 years) and body mass index in normal and overweight (68) of them were uncontrolled diabetes type 1 ( $HbA1c \geq 6.5$ ), (34) of them are male (M) patients, the other (34) are female (F) patients, and the other (40) apparently healthy as control (C) group included the (20) male (MC) with (20) female (FC).

The present study observed a significant increase in glucose,  $HbA1c$  and glutathione in patients when compared with control groups, while significant decrease in telomerase enzyme, TAO-C and GPX1. The results showed significant negative correlation between telomerase enzyme concentration and BMI in patients and control. Also, there is a significant difference in GPX1 levels of TT genotypes in patients compared to CT and CC genotypes, the frequency of TT genotypes in GPX1 gene in male and female were 47% and 61.7% compared to control male (0%) and female (10%) and the odd ratios were (33, CI 95% 1.65-656.26) (12.6, CI 95% 1.93-82.08), respectively. There is a significant difference in glutathione peroxidase and in telomerase concentration depending on different genotyping of GPX1 gene. Conclusion: The TT genotype of the GPX1 gene variation pro 198 Leu was a risk factor to T1DM patients. T1DM is associated with glutathione peroxidase and telomerase concentration in subjects with TT genotypes of GPX1 gene compared to those with CT and CC genotypes.

**Key words :** telomerase, glutathione peroxidase, type 1 DM, genotypes.