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Seaweed Composition and Potential Uses

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Abstract : This article presents information on the chemical components of seaweeds, proteins, amino acids, minerals, lipids, vitamins, dietary fiber, antioxidant, anti-bacterial and anti-fungal compounds are reviewed in relation to potential food and medicinal uses. The nutritive values of seaweeds are briefly discussed for uses as a food. Bioactive compounds found in seaweeds are also discussed for pharmaceutical uses.

Keywords: seaweed, biochemical composition, food resources, pharmaceutical resources.

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