



International Journal of ChemTech Research CODEN(USA): IJCRGG, ISSN: 0974-4290, ISSN(Online):2455-9555 Vol.9, No.09 pp 217-222,2016

Antioxidants, Total Phenolic Content and Antimicrobial Evaluation of *Myrtuscommunis*Leaf and StemExtract

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Abstract: Medicinal plants are a source for a wide variety of natural antibacterial and antioxidants. The aim of this study was to investigate the antioxidant and antibacterial capacities of Myrtuscommunisleaf and stem. Methanol extracts of Myrtuscommunisleaf and stemwere assessed for its antimicrobial activity. The antibacterial activity was determined using paper disc method against two bacteria namely *Staphylococcus aureus* and *Bacillus cereus*. The sensitivity in terms of zones of inhibition of both extract was determined. Gentamicin was used as a standard drug for the study of antibacterial activity. The antioxidant activity was determined by measuring total phenolic content (TPC), ferric reducing antioxidant power (FRAP), 2,2-diphenyl-1-picrylhydrazyl (DPPH). The result showed that the methanol extracts of Myrtusleaf and stem were effective against both the bacteria tested. The leaf extract of Myrtusexhibited a higher antibacterial activity than the stem extract of Myrtus. The acetone extract of Myrtusleaf showed the largest antioxidant TPC, FRAP and DPPH compared with stem extract. A marked antimicrobial and antioxidant activity of Myrtuscommunis leaf and stem extracts was observed which may be attributed to the presence of phenolic compounds and other phytochemicals. The plants can be used to control infectious diseases and prevent oxidative damage.

KeyWords: Myrtus communis, Antioxidants, Phenolics, Antibacterial activity.

ZuhairRadhiAddai et al/International Journal of ChemTech Research, 2016,9(9),pp 217-222.
